CLAIMS

What is claimed is:

- 1. A method for plating CoNiFe comprising:
- (a) providing a plating solution including hydroxymethyl-p-tolylsulfone, the plating solution being configured to provide a CoNiFe film having a high saturation magnetic flux density and having a composition of 50-70 weight percent of Fe and 3-8 weight percent of Ni; and
 - (b) plating the CoNiFe film on a substrate in the plating solution.
- 2. The method of claim 1 wherein the plating solution providing step (a) further includes the step of:
- (a1) configuring the plating solution to provide the CoNiFe film having the high saturation magnetic flux density of greater than 2.2 Tesla and having a composition of 58-62 weight percent of Fe and 3.5-4 weight percent of Ni.
- 3. The method of claim 1 wherein the plating solution providing step (a) further includes:
- (a1) configuring the plating solution to ensure that the CoNiFe film is a soft magnetic film.
- 4. The method of claim 3 wherein the CoNiFe film has a hard axis coercivity of less than or equal to two Oe and an easy axis coercivity of less than or equal to six Oe.

- 5. The method of claim 1 wherein the plating solution providing step (a) further includes:
- (a1) configuring the plating solution to ensure that the CoNiFe film has a low perpendicular anisotropy field of less than thirty five Oe.
- 6. The method of claim 5 wherein the CoNiFe film has the low perpendicular anisotropy field of less than twenty Oe.
 - 7. The method of claim 1 further comprising the steps of:
- (c) adjusting the plating solution after step (b) to maintain the plating of the CoNiFe film having the composition and the saturation magnetic flux density; and
 - (d) plating a second CoNiFe film.
- 8. The method of claim 1 wherein the plating solution providing step (a) further includes:
- (a1) including CoSO₄, NiSO₄, FeSO₄, NH₄Cl, boric acid, Sodium lauryl sulfate, and saccharin in the plating solution.
- 9. The method of claim 1 wherein the plating solution providing step (a) further includes:
 - (a1) maintaining the plating solution at a pH of less than 3.

- 10. The method of claim 9 wherein the plating solution providing step (a1) further includes:
 - (ali) maintaining the plating solution at the pH of substantially 2.8.

11. A magnetic recording head comprising:

a first pole;

a second pole;

a write coil residing between the first pole and the second pole;

a write gap residing between a portion of the first pole and a portion of the second pole;

wherein at least a portion of the first pole and/or the second pole are plated using a plating solution including hydroxymethyl-p-tolylsulfone (HPT), the plating solution being configured to such that the at least the portion includes a CoNiFe film having a high saturation magnetic flux density and having a composition of 50-70 weight percent of Fe and 3-8 weight percent of Ni.

- 12. The magnetic recording head of claim 11 wherein the CoNiFe film has the high saturation magnetic flux density of greater than 2.2 Tesla and a composition of 58-62 weight percent of Fe and 3.5-4 weight percent of Ni.
- 13. The magnetic recording head of claim 11 wherein the CoNiFe film is a soft magnetic film.
- 14. The magnetic recording head of claim 13 wherein the CoNiFe film has a hard axis coercivity of less than or equal to two Oe and an easy axis coercivity of less than or equal to six Oe.

- 15. The magnetic recording head of claim 11 wherein the CoNiFe film has a low perpendicular anisotropy field of less than thirty five Oe.
- 16. The magnetic recording head of claim 11 wherein the CoNiFe film has the low perpendicular anisotropy field of less than twenty Oe.